



# Eggs On The Menu

**Quarterly Report June 2023** 

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REPORT HIGHLIGHTS

**Key Facts** 

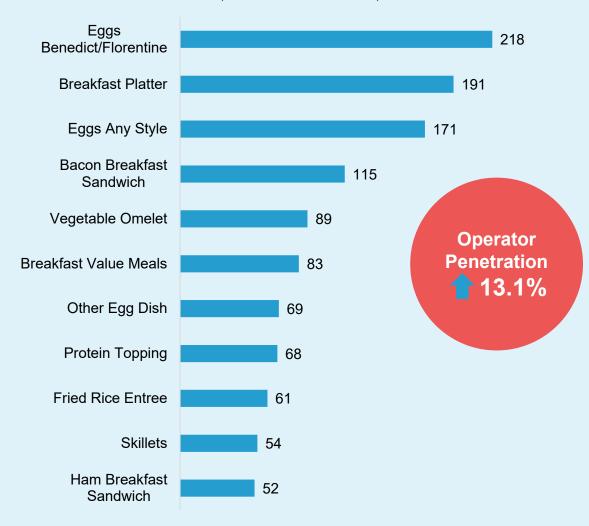
Utilization on Menu

**Trending Menu Applications** 

PREPARED FOR



# TOP EGG DISHES (OVERALL INCIDENCE)



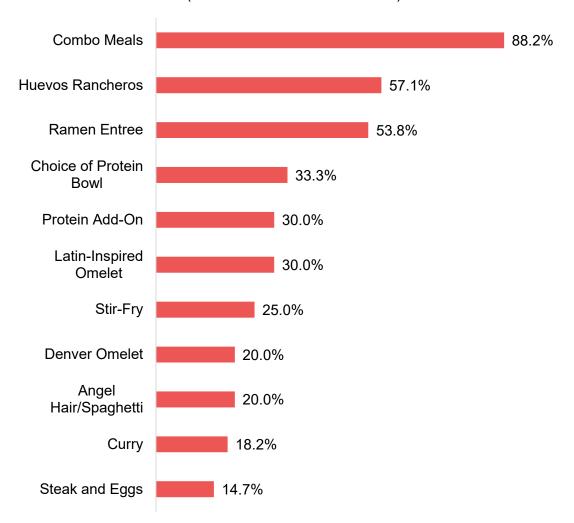
Base: 3,306 Menu Items across 438 operators

Note: Items with fewer than 10 Q1 2023 incidences excluded from fastest growing data

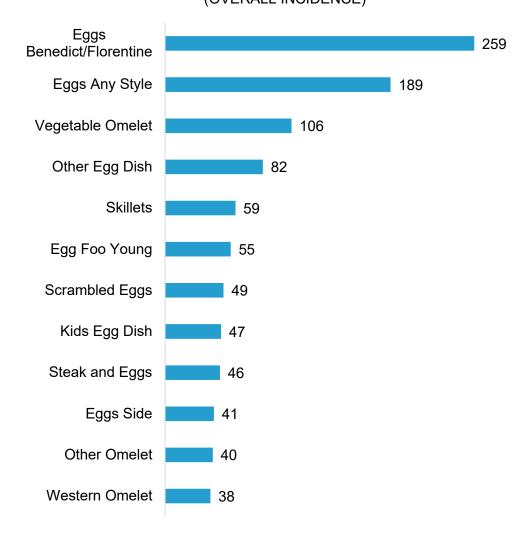
Source: Technomic Ignite Menu, Q2 2022-Q2 2023

### FASTEST-GROWING EGG DISHES

(CHANGE IN ITEM INCIDENCE)



## TOP DISHES WITH EGGS AS AN INGREDIENT (OVERALL INCIDENCE)

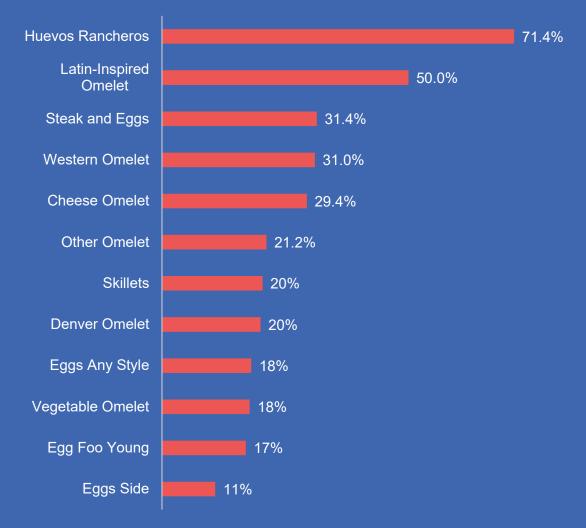


Base: 1,283 Menu Items across 150 operators

Note: Items with fewer than 10 Q1 2023 incidences excluded from fastest growing data

Source: Technomic Ignite Menu, Q1 2022-Q1 2023

# FASTEST-GROWING DISHES WITH EGGS AS AN INGREDIENT (CHANGE IN ITEM INCIDENCE)



# **Driving Excitement**

### Limited-time offers featuring Egg Dishes

### **Duck Confit And Bacon Benedict**

Ben & Florentine (Pictured)

Duck confit and duck bacon, Swiss cheese and a mix of Hollandaise sauce and pure maple syrup. Served with 2 poached eggs, on your choice of English muffin or bagel, with our famous home fries and fresh fruit.

### **Cheeseburger Omelette**

**IHOP** 

Black Angus beef, American cheese, Jack and Cheddar cheese, onions, diced tomatoes and pickles, hash browns, ketchup and mustard.

# Egg White And Roasted Red Pepper Egg Bites

Starbucks

Cage-free egg whites prepared using the French "sous vide" technique, with creamy Monterey Jack cheese, plus spinach and fire-roasted red peppers.

### **Bacon And Broccoli Skillet**

Perkins Restaurant & Bakery

Applewood smoked bacon, fresh broccoli, grilled red peppers, yellow onions and cheese sauce with two eggs served over crispy tots.



Base: (Time Period: Q1 2022 - Q1 2023)

Source: Technomic Ignite Menu national food trends data

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# **Driving Excitement**

### Limited-time offers featuring Eggs as an Ingredient

### **Hero Certified Egg Burger**

Hero Certified Burgers (Pictured)

Save \$1.46 on your Egg Burger every Monday.

### **Berry Bliss Pancake Breakfast**

### Denny's

Buttermilk pancakes with blueberries and topped with fresh strawberries and cream cheese icing. Served with eggs, hash browns, plus bacon strips or sausage links

### The Croissant Egger

A&W Canada

Featuring fresh cracked egg, and cheddar cheese on a buttery and crispy croissant bun.

### Spaghetti Carbonara

White Spot

Pancetta, green peas, spaghetti and creamy carbonara sauce topped with Parmesan, a soft poached egg and cracked black pepper.



Base: (Time Period: Q1 2022 - Q1 2023)

Source: Technomic Ignite Menu national food trends data

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# **Key Themes on the Menu**

### Value remains important



Several value meals are appearing as part of the fastest-growing dish list at both limited- and full-service restaurants. As concerns of inflation increased in 2022, operators turned to value meals to draw in price-minded consumers.

### Spicy heats up



Spicy flavours and items are trending across segments and dayparts. Spicy claims the top spot as the fastest-growing flavour on LSR breakfast menus, and LSR lunch/dinner menus are seeing the rise of their own spicy flavours, including Buffalo and peri peri. Meanwhile, FSR menus are featuring spicy ingredients such as chorizo at breakfast and Sriracha mayonnaise at lunch/dinner.

### **Breakfast gets a boost**



LSR breakfast items rose 9.4% over the past year, with notable increases in kids menus, entrees, add-ons and appetizers. Grab-and-go options, such as bacon or sausage breakfast sandwiches, are appearing frequently on these menus, but value-driven breakfast value meals and drink toppings—an add-on option—nab the top-two spots for fastest-growing LSR breakfast dishes.

### **Comforting classics**



Among the fastest-growing dishes across dayparts and segments, a large majority are more basic dishes, including pancakes entrees, chicken bowls and protein add-ons. This suggests that operators may be turning back to the basics, relying on what consumers know and love. Another type of comfort comes in the form of indulgent preparations such as loaded, fried and cheesy.

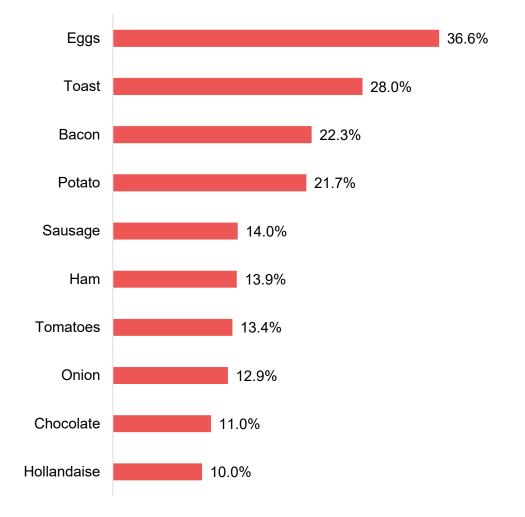
Image Source: Shutterstock

Source: Technomic State of the Canadian Menu 2023

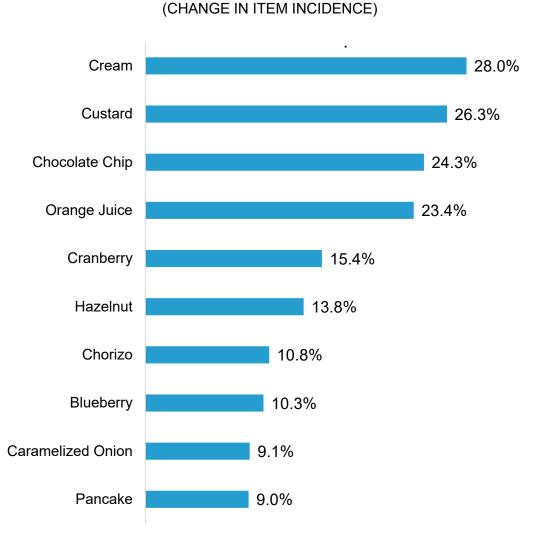
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### TOP INGREDIENTS AT FSR BREAKFAST

### (OVERALL INCIDENCE)



### **FASTEST GROWNIIG INGREDIENTS AT FSR BREAKFAST**



Base: 1,980 menu items across 25 Canadian operators in Q4 2021-Q4 2022

Source: Technomic State of the Canadian Menu 2023



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