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The Latest EFO News

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get cracking®
Egg Farmers of Ontario

February 2023



Former EFO Chair
named to the Ontario
Agricultural Hall of Fame

CAROLYNNE GRIFFITH TO BE INDUCTED IN AG HALL OF FAME

As a former Chair of Egg Farmers of Ontario (EFO), Carolynne Griffith (Zone 1) should be no stranger to being recognized as a voice for agriculture in Ontario. That is exactly why EFO nominated Carolynne to the Ontario Agricultural Hall of Fame.

In a recent news release, Carolynne has been named as one of eleven inductees into the Ontario Agricultural Hall of Fame. Not only has Carolynne always actively worked to share the story of egg farming to Ontario consumers, she spent much of her time on EFO's Board working towards a better understanding of supply management and its benefits at both the provincial, national and global level.

We congratulate Carolynne on this much-deserved honour, but more importantly, we thank her for her many contributions to the egg and pullet sector.

To read the full list of 2023 inductees, see the news release included as an attachment to this issue.

UPCOMING BOARD OF DIRECTOR'S MEETINGS:

- March 6
- April 3 & 4

WITH THIS ISSUE:

- [News Release 2023 Ontario Agricultural Hall of Fame Inductees](#)
- OFA Viewpoint - Agri-Tourism
- National Symposium on Agricultural Mental Health Media Advisory

IN THIS ISSUE

Industry Updates:
FCC, OFA and PIC

Biosecurity Update:
Four key things to help
prevent avian influenza

Recipe of the Month:
[Air Fryer All-Day
Breakfast Tartine](#)

Nutrition information hits
digital health screens

INDUSTRY updates

Farm Credit Canada (FCC)

FCC recently shared a number of updates, including the following:

Want to invest in your agricultural business knowledge? The University of Guelph with support from FCC offer a free *Foundations in Agricultural Management* course with 8 modules. Each module covers a variety of topics including Business Planning & Strategy, Financial Literacy, Risk Management and Transition Planning to name a few. To learn more about the program or sign up, click [here](#).

In the latest FCC Knowledge podcast, the discussion was - why every farm transition needs a will and estate plan with FCC Business Advisor Patti Durand. To access the podcast, click [here](#).

FCC also shared a helpful [article](#) on making the most of your taxes through income splitting.

Click [here](#) to learn more about upcoming FCC events in your area, both in-person or virtual.

Want to receive FCC Knowledge straight to your own inbox? Sign up for their [updates](#)!

Ontario Federation of Agriculture (OFA)

In the latest news from the OFA, there were a number of items shared.

The Ontario Agricultural Hall of Fame recently made the announcement that they will induct

11 new individuals into the hall of fame, including Carolynne Griffith, past Chair of Egg Farmers of Ontario. To see the full list, read the [news release](#).

OFA is hosting a [Financial Literacy and Succession Planning Road Show](#) and are offering in-person sessions across Ontario, throughout the month of February, with a virtual webinar on March 1 for those not able to attend in person. The session provides information on maintaining family harmony, utilizing tax advantages and making plans that are fair to all family members. Click on the link above for a list of session dates by location.

A link to the OFA webinar – [Home Grown: The Impacts of Bill 23 on Agriculture Across Ontario](#) was shared for those who were not able to join the January webinar. This session provided updates on land use planning and loss of farmland in Ontario and the potential impacts of Bill 23.

For a complete look at the latest news and updates from OFA, visit their [website](#).

Poultry Industry Council (PIC)

Don't miss out on PIC's virtual producer update on February 22. For the full agenda and to sign up, visit the link [here](#).

PIC hosted a [Science in the Pub](#) event on January 23 in Guelph and provided some

highlights of the discussions and also included some pictures from the evening.

The online [Avian Influenza Emergency Preparation Course for Canada](#) sessions on February 21 to March 31 are currently sold out, but you can join the waiting list.

The February PIC update included a summary of research conducted by Marie-Pierre Létourneau-Montminy of Laval University on maintaining hen health through a longer lay cycle. Click [here](#) to read the full report.

Are you ready for an emergency? Don't forget to order or download PIC's [Poultry Farm Emergency Planning](#) resource to be sure you are ready! This planning resource will help you understand your risks and plan for emergencies while also keeping your family or employees prepared.

A Raising Backyard Chickens webinar is being held on Saturday, March 25 from 10 am to 1 pm. With the increasing interest in backyard flocks, this session provides the key basics for caring for hens including feed, nutrition and disease management.

For a full list of upcoming PIC events and resources, visit [poultryindustrycouncil.ca](#).

REMEMBER THESE FOUR KEY THINGS TO HELP PREVENT AVIAN INFLUENZA

With highly pathogenic avian influenza (HPAI) persisting throughout 2022 and into 2023, it might feel like you know all about biosecurity and the importance of keeping disease out of the barn. If you can't keep up with the many dos and don'ts of biosecurity - there are **four key things** you can do today to help prevent HPAI tomorrow!

1) Create and maintain a line of separation

Change your footwear - We know that HPAI gets into the barn on boots and shoes, but there are simple measures to stop this at the entry point to your barn. The easiest way to do this is by making sure to change your footwear each time you enter the barn.

Create a distinct line - Consider building a Danish entry that creates a distinct separation between the outside environment with the inside of your barn.



2) Control of visitors

Be sure to avoid any unnecessary visits, such as family and school tours. Only essential services, including inspectors, should be allowed on-farm.



3) Control of animals

This includes preventing wild birds from gathering outside of the barn, proper rodent control AND not allowing any animals, even dogs and cats, into the barn.

4) Proper disposal

Ensure all of your mortality is disposed of in a manner that prevents wild animal access.

For resources and contacts regarding biosecurity and disease, visit <https://www.poultryindustrycouncil.ca/resources/biosecurity-and-disease>.

FARM & FOOD CARE ONTARIO YEAR IN REVIEW

By Amber Anderson,
Communications Manager

Supported by members like Egg Farmers of Ontario (EFO), Farm & Food Care Ontario (FFCO) brought together egg farmers, food producers, agribusinesses and their urban and suburban neighbours in ways that were both educational and entertaining in 2022. FFCO especially appreciates the continued support of EFO's continued platinum membership as members are foundational to FFCO's successes, and allow us to continue working to build public trust in Ontario agriculture. EFO board member Janelle Cardiff serves as Second Vice-Chair of the FFCO Board of Directors.

2022 was a monumental year for FFCO and our partners as the organization celebrated the 10th anniversary of FFCO's founding and made its return to in-person events in a significant way.

Breakfast from the Farm

Partnering with the Paris, Grand River, and Milton Agriculture Societies, three walk-through Breakfast from the Farm events were held on fairgrounds, where visitors had a chance to see farm animals and equipment, and talk to farmers and ask questions about where their food comes from.

Farm Tours

2022 marked FFCO's return to on-farm tours. The six tours included a tour of horticultural operations with a migrant-labour focus for Toronto-based food-influencers, to a grains-focused tour for dietitians, to four tours for culinary students from colleges across the province.

Public events

Many public-facing events resumed in 2022. FFCO hosted an 'Ask-a-Farmer' video booth at the CNE, greeted friends at Canada's Outdoor Farm Show and spent the Royal Agricultural Winter Fair sharing FarmFood360 virtual tours with the public. FFCO also worked with the Royal to host the first in-person Food & Nutrition Forum since 2019.

Source Local

In 2022, in partnership with the Ontario Federation of Agriculture, FFCO undertook an initiative called Source Local to highlight the importance of buying local food, flowers and fibre.

Digital outreach

Faces Behind Food continues to highlight the diversity of people and career opportunities within the Canadian agri-food system on Facebook and Instagram.

FarmFood360.ca now hosts 25 Virtual Reality farm tours, with the addition of three new tours in the fall of 2022.

The Real Dirt on Farming 5th edition was published in 2020, with both paper and digital editions. In 2022, FFCO started using paid search ads to amplify the reach of the website.



Above: Janelle Cardiff speaks with a consumer during an in-person event.

FFCO and AgScape continued a successful partnership in 2022, offering 12 livestreamed field trips reaching an audience of 72,944.

Training and workshops

FFCO continues to offer media and Speak Up training and commodity-specific updates, with 62 sessions taking place in 2022. Other virtual training sessions provided advice on how to protect farm properties from unwanted visitors.

To learn more about all of FFCO's initiatives, visit www.FarmFoodCareON.org and subscribe to the monthly e-newsletter. Comments and questions can always be directed to FFCO staff directly at info@farmfoodcare.org.

To read the full update, see the *Farm & Food Care Year in Review* attached to this email.

2023 ZONE ELECTION RESULTS

The following Egg Farmers of Ontario Directors were re-elected for the 2023-2024 term during their recent annual Zone meetings:

- Zone 1 - Scott Helps
- Zone 2 - Lorne Benedict
- Zone 3 - Dan Veldman
- Zone 4 - Roger Pelissero
- Zone 6 - Sally Van Straaten
- Zone 7 - Scott Brookshaw
- Zone 8 - George Pilgrim
- Zone 9 - Ian McFall
- Zone 10 - Marcel Jr. Laviolette

Zone 5 election is taking place on February 16.

The Pullet Director election will take place on Thursday, March 9 prior to the AGM at the Fallsview Casino Resort in Niagara Falls.

POLICIES AND PROCEDURES NOTICE

Reminder: New policies and procedures will be updated and posted on EFO's farmer website at www.getcracking.ca/members/operations-quota as they come into effect.

Policies, procedures and documents posted on EFO's farmer website contain the most up-to-date versions and should be used for all policy interpretation and quota transactions.

Please check this site frequently to ensure you have the most recent information.

follow us online!



PRODUCTION STATISTICS

(in boxes of 15 dozen)

Ontario Production (week ending #52)

2022 - 19,954,551
2021 - 20,062,111

Ontario IP (week ending #52)

2022 - 3,909,690
2021 - 4,411,331

Ontario EFP (week ending #52)

2022 - 1,038,543
2021 - 493,086

US Shell Egg Imports to Ontario (week ending January 14, 2023 - #2)

2023 - 13,440
2022 - 0



Above: Chef Raquel Fox joins the hosts of Breakfast Television.

Below: Delicious Chicken and Waffle Devilled Eggs.



SOUL FOOD WITH A TWIST

Chef Raquel Fox joined the hosts of Toronto's *Breakfast Television* on February 8 to share *Chicken and Waffle Devilled Eggs* to honour *Black History Month*, which is celebrated every February in Canada.

Starting with devilled eggs, this recipe adds traditional "soul food" ingredients such as honey, fried chicken and collard greens to create a delicious twist on a classic.

Chef Raquel also shared the technique for making the perfect hard-cooked eggs and that eggs go from the farm to grocery store in only 4 to 7 days and directed viewers to getcracking.ca for more delicious recipe ideas.

To watch the segment visit <https://www.breakfasttelevision.ca/videos/these-dishes-are-a-modern-taste-of-black-history/>.

FARMER UPDATES

For Sale

1000-1200 Ft of Chain Feeder Trough

- Good used condition
- Only used for approximately 3 years
- Comes with couplers
- \$3,000

13-Ton Feed Bin

- Excellent used condition
- \$2,000
- Does not include removal or delivery

Circulation Fans

- Approximately 16 circulation or stir fans for sale
- Most are 120 V motors, remainder are 220 V
- Motors have not been tested
- \$75 / fan or \$750 for all

Used Exhaust Fans and Parts

- 16 exhaust fans (18-24") for sale
- Several complete fans, several just the fan housing
- Fan motors have not been tested
- \$200 for complete fans
- \$50-\$100 for incomplete
- \$1,500 for all

Please contact:

Nathan Hutten

Email: nathan@huttenshenhaven.com

Cell: 289-257-0421

Used free-run Jansen Poultry Equipment (5 years old). Nests: 574' including 3 drive units, slats: 2,350 sq' - Flex egg Conveyor: 102' including 1 90 degree corner and 1 drive unit.

Please Contact- 519-786-8107

250 feet of 20-inch farmer conveyor with one drive unit.

Please contact 613-863-3310

Agriculture Wellness Ontario launches with three free farming mental health programs

The Canadian Mental Health Association (CMHA), Ontario and the Ontario Federation of Agriculture (OFA) is proud to announce the launch of [Agriculture Wellness Ontario](#), a suite of programs designed to ensure farmers are getting mental health support when and where they need it.

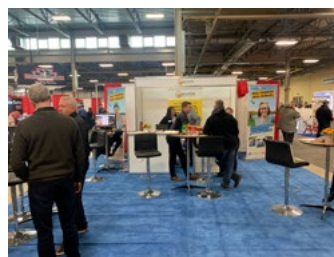
Living in rural areas and stigma can make it more difficult for farmers to seek help. Agriculture Wellness Ontario is designed to make it easy to seek support and increase mental health literacy from one starting point.

Agriculture Wellness Ontario programs currently include the [Farmer Wellness Initiative](#), a free individual counselling service; [The Guardian Network](#), a volunteer suicide-prevention network; and, [In the Know](#), a mental health literacy workshop tailored to the agriculture community. The site also features additional resources which are available to the agriculture community.

Learn more at

AgricultureWellnessOntario.ca

The National Poultry Show returns



EFO staff and Directors were pleased to return to the National Poultry Show where they were on-hand at EFO's booth during the event, held February 8 and 9 at the Western Fair District Agriplex in London.

After repeated cancellations from both COVID-19 restrictions and avian influenza, many were glad to return to the show.

This popular two-day trade show brings together the latest updates in all aspects of the poultry sector, including education, equipment, technology and more.

Visit www.nationalpoultryshow.com for more information.



AIR FRYER ALL-DAY BREAKFAST TARTINE



Servings: 4
Prep Time: 10 minutes
Cook Time: 10 minutes

INGREDIENTS

4 slices 1-inch thick sourdough bread
2 tbsp (30 ml) butter, softened
2 tbsp (30 ml) Dijon mustard
4 slices prosciutto, chopped
¼ cup (60 ml) cubed or shredded Gruyère or other Swiss cheese
½ cup (75 ml) diced tomato
1 tbsp (15 ml) chopped parsley
3 eggs, whisked
Pepper to taste
Parsley leaves to garnish

DIRECTIONS

Using your fingertips, press a bread slice down in the centre to make a shallow well, leaving a ½-inch edge along crust. Repeat with remaining bread slices.

Spread butter and Dijon evenly over wells and top edges of bread slices.

Fill slices evenly with prosciutto, Gruyère, tomato and parsley. Place bread slices into basket of an air fryer. Pour egg into each well until just filled.

Air fry at 350°F (180°C) for 8 to 10 minutes or until egg is set. (Alternatively, place on a parchment paper-lined baking sheet and bake in an oven at 375°F (190°C) for 5 minutes or until egg is set).

Garnish with pepper to taste and parsley.

Tip: If your air fryer doesn't have temperature settings, check after cooking for 5 minutes and keep a close eye on the doneness to prevent over-cooking.

"eggs-pert" advice

TIP: Sourdough sometimes has holes through the slices which will cause the fillings to fall through. Patch up any holes by pressing pieces of an extra slice of bread to cover any holes.

EGGS IN THE NEWS

MPP Leardi, Standing Committee on Finance visit area regarding "Less Red Tape, Stronger Ontario Act"

Essex Free Press
February 1, 2023
by Sylene Argent

Last week, members of the Provincial members of the Standing Committee on Finance and Economic Affairs joined Essex MPP Anthony Leardi on a tour around the Essex Riding to hear from representatives from the Chicken Farmers of Ontario, the Egg Farmers of Ontario, and Ontario Pork regarding Bill 46, "Less Red Tape, Stronger Ontario Act, 2023."

This potential Act has passed its first and second readings at Queen's Park. It is now being discussed at the committee-level. If passed there, it can return back to Queen's Park for its third and final reading.

This piece of legislation, if passed, will make some changes to the Animal Health Act.

The Act would give the Minister of Agriculture the authority to issue a temporary 72-hour emergency order, if given the proper advice from the Chief Veterinarian for Ontario. This could include quarantining a farm to prevent the spread of disease.

"Because disease spreads so fast, we needed something that would allow the Minister to issue an order right away," Leardi explained, adding the province does not want to be prejudicial against a farm or a farmer who is taking steps to control or eradicate disease.

He explained the most typical order would be to not remove any animals from the farm, and to not bring anymore in.

Leardi said the Chicken Farmers of Ontario, the Egg Farmers of Ontario, and Ontario Pork, "Are solidly in favour" of the piece of legislation.

"We are really happy that the Chicken Farmers of Ontario, the Egg Farmers of Ontario, and Ontario Pork were solidly in favour of the legislation and we want to keep Ontario food number one in the world," he said.

So far, no amendments have been recommended to the Bill, he added.

OUTREACH *update*

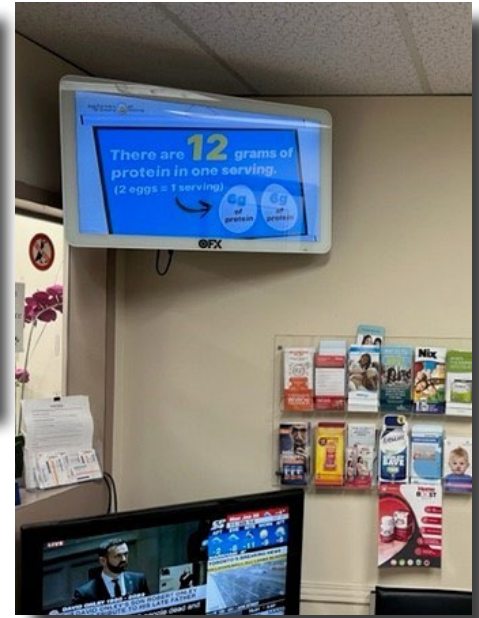
Spreading the word about eggs

To communicate the many health benefits of eggs, nutrition messaging has been placed in 60 doctors' offices across Ontario.

Working with OFX Media Group, EFO has ads placed in approximately 60 family medicine and primary care office waiting rooms on digital screens.

The ads share a number of important nutrition messages, including the importance of eating the whole egg and the amount of protein in one serving.

Ad placement began January 23 and will run every week day until March 31.



Above and right: EFO nutrition ads placed in medical care waiting rooms.

RSS FEED: HAVE YOU SIGNED UP YET?

Don't miss out on important updates! A feature of the farmer website, www.getcracking.ca/members, offers a Rich Site Summary (RSS). This is a format for delivering regularly changing web content so you will always stay up to date.

Egg and pullet farmers who subscribe to this feed will receive any updates to the website via email once per week. Please visit www.getcracking.ca/members/member-farmer-news to sign up.

Zone	Director	Email Address	Phone
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3	Dan Veldman	dveldd@gmail.com	519-801-5216
4	Roger Pelissero	rpelisseroeggs@gmail.com	905-984-0279
5	Brian Miller	bwmiller@quadro.net	519-521-1325
6	Sally Van Straaten	sallyvanstraaten@gmail.com	519-301-4408
7	Scott Brookshaw	scott@grayridge.com	519-671-7568
8	George Pilgrim	georgepilgrim@hotmail.com	905-376-6869
9	Ian McFall	imcfall@burnbraefarms.com	613-498-8526
10	Marcel Jr. Laviolette	marcel@falaviolette.com	613-806-2847
Pullet	Alvin Brunsveld	brunsvelda@gmail.com	519-319-1874



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EGG FARMERS OF ONTARIO MISSION STATEMENT

Egg Farmers of Ontario is a farmer-run organization that manages the supply and orderly marketing of eggs so consumers can enjoy fresh, local, safe, high-quality protein produced under fair farm pricing.